



Close your eyes, listen with Bartholomew, and map the forest's whispers.

Age: 3–8 • Time: 5–15 min • Materials: paper, pencil

Steps:

- Draw a dot = YOU.
- Sit still 2–5 minutes; mark sounds around your dot (bird? wind? truck?).
- Draw pictures or write words to show where the sounds came from.

Bartholomew says: “Patience unlocks patterns.”

Parent tip: Start with “near/far” to reduce overwhelm.

Butterfly Kids: Repeat at different times of day and compare maps.

Example:



bird singing
far away



dog bark **You**
next to me



water fountain
near by



You